



دوره فوت و فن مکالمه

جلسه یازدهم

غذاها

food and drinks

مهمترین فعل ها برای صحبت در مورد غذاها

eat and have

ate

had

I always have meat

I ate chicken today

I'll have a cup of coffee

سه ساختار اصلی برای صحبت در مورد غذاها

I like ...

I don't like/dislike ...

I hate ...

I like pizza so much

I don't like coffee. I usually have tea.

I hate eating chicken.

انواع طعم ها در انگلیسی



salty

spicy



sweet

sour



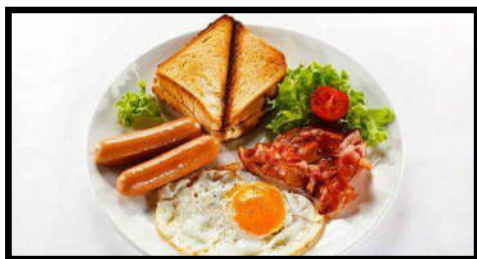
bitter

This popcorn is very salty

I love spicy food

I hate bitter chocolates

وعده های غذایی در انگلیسی



breakfast lunch snacks dinner



Delicious/yummy/tasty

**I love Italian food, especially pasta.
It's really **tasty**.**



disgusting

Yuck. I can't eat that. That's **disgusting**

Some people say that **breakfast** is the most important **meal** of the day. I guess that is true, but I don't like to eat a **big breakfast** – it just **feels too much for me** at the **beginning** of the day.

On a workday, I never have time to sit down and have lunch. I am always in a rush so I usually just go to a cafe and grab a sandwich. I take it outside and eat it in my car.

I always keep some **snacks** at work. **In my desk**, I have a big **selection** of chocolate bars, chips and other kinds of **snacks**.

I like to **cook at home** in the evening. I usually buy the **ingredients** I need in the supermarket **on my way home** and then make **dinner**. Last night I made chicken curry with rice. I love Indian food so I like to try different Indian **recipes** when I can.

بہم چند مثال کارکنیم

Boiled eggs

Breakfast is my favorite meal. I usually have a big one. I love honey and butter with tea for breakfast. Sometimes I eat scrambled eggs as well. I have lunch around 1. I really like to eat chicken, fish or meat for lunch. I don't usually have dinner because I'm on a diet.

I always have lunch around 2. My favorite is qorme sabzi and Kebab and rice. I really like **home cooking but sometimes when I'm at work I get take out. For dinner I always have a **light meal**. Because it helps me sleep better.**

When it gets to around ten-thirty or eleven, I start to feel a little tired at work. **Around this time I usually make a cup of coffee in the small kitchen in the office. I always have some chocolate biscuits with my coffee too.**

I am from Iran, so we often eat fish, **lamb** and rice. We also eat a lot of chicken. These are the **main kinds** of meat we like to eat. But unfortunately **fish kind of disagrees with me**. My mom is really good at cooking and she makes different types of food everyday.

There is nothing more delicious than a warm box of pizza. Those yummy tomatoes, cheese, mushrooms, pepperoni and herbs make it even tastier. I can eat it at any time of my day as a snack or main meal. My favorite **toppings** on pizza are cheese and mushrooms.

I usually have breakfast every morning, and lunch in the **early afternoon**, a sandwich usually or some **instant noodles**, but the main meal of the day for me is normally dinner. **That often consists** of some meat, maybe **grilled**, some **steamed** vegetables and rice. Rice is the main **staple** in my diet. I try and have a healthy, balanced diet - not much **fried, fatty** food, and a good mix of fruit and vegetables.

تکلیف: با توجه به نمونه هایی که کار کردیم در مورد وعده
هایی غذایی و غذاهای مورد علاقه خودت در حدود 1 تا 2
دقیقه صحبت کن