



دوره فوت و فن مکالمه

جلسه هفتم

صحبت در مورد علایق و تفریحات

interests and hobbies

سوالاتی کہ معمولاً پرسیدہ میثہ

What do you like doing?

What sort of **hobbies** do you have?

What are your **interests**?

What are you **interested** in?

ساختارهایی برای صحبت در مورد تفریحات

In my free time I like ...

When I have some spare time I ...

When I get the time I ...

My hobbies are ...

In my free time I like watching movies.

When I get the time I like relaxing with my family.

When I have some spare time I like reading books.

My hobbies are playing football and listening to music

ساختارهایی برای صحبت در مورد علایق

I like/love + **noun / ing form**

I spend a lot of time + **ing form**

I'm **quite / really** into + **noun / ing form**

I'm keen on + **noun / ing form**

I enjoy + **noun / ing form**

I love going swimming

I spend a lot of time shopping

I enjoy reading books

I'm quite into watching movies and series

و با استفاده از قیدهای زیر میتوانیم جمله رو کاملتر کنیم



Really واقعا

Absolutely كاملا

Definitely قطعا

Honestly حقيقتا

I **really** like taking photos

I **absolutely** love playing football

I **definitely** hate listening to music

از اینا استفاده کن که بگی هرچندوقت یه بار کاری رو انجام میدی



Every



Every day / every other day / every
Saturday afternoon / every Monday

Once or
twice a



Once a week / twice a month /
three times a year

I like playing sports. I play football **every Tuesday evening**.

I absolutely hate going shopping. I only go shopping **once or twice a year**.

I really like taking photos, but I **don't get the chance to do it often**.

How often do you do your hobbies?

میتونیم در این جا مکان رو هم اضافه کنیم

I like playing sports. I play football every Tuesday evening **at the park near my house.**

I absolutely enjoy having coffee with my friends. We go to a café **in the city center** once or twice a month.

I really love taking wildlife photos **in the forest.** But I don't get the chance to do it often

حالا باید اطلاعات بیشتری درباره علایق و تفریحات بدم. مثلا اینکه از کی فوتبال رو شروع کردم و چرا اینکارو انجام میدم

جملاتی برای دلیل آوردن



Because It keeps me ...

Because it helps me ...

Because it makes me ...

Because it's + adjective

I started playing football when I was 10.

I've been learning to paint for six months now.

I decided to do yoga because I wanted to be healthy.

My best friend got me into climbing.

I really like doing yoga because it keeps me fit

I like to listen to music in my free time because it makes me relaxed.

I really like to hang out with my friends in my free time since it's fun.

I'm really into exercising because it helps me feel happy.

بریم با هم چندتا مثال کار کنیم

In my free time I like **doing sports**. My friends and I sometimes play football in the park in our neighborhood. I **do karate** as well. I do it twice a week after work on Sundays and Tuesdays. I enjoy swimming a lot so I try to **go swimming** on weekends because it makes me feel relaxed and helps me start the new week with more energy.

When I get the time I usually **hang out** with my friends. I think it's exciting. We go to the café or we go the movies and maybe eat out. I have some indoor hobbies of course. Like reading books, listening to pop or classical music. To be honest my favorite musician is Michael Jackson.

Actually I'm a home maker. I spend most of time at home usually with my little kids. I don't have much free time because I'm busy with **house hold chores** almost everyday. But if I have some spare time for myself I definitely try to go online and check my social media, text some of my friends and so on.

I work from 8 to 5 everyday and when I get home I feel so tired. But I try to spend time with my family at least once a week. So sometimes when I get home I take a shower and take my wife and children out for dinner or some fun activities. I enjoy making my family laugh and have fun. This is what I really do in my free time.

I spend a lot of time **socializing**. Going out for a cup of coffee or for some healthy snack, meeting friends. My work is a sort of a lonely ride, and when I am not working I try to **make up** for the time I spend alone. But it's not only about drinking or having fun. I also try to help my friends, with whatever they need. Someone builds a house, another one needs a help with his car repair, and so on. I do what I can.

تمرین: یک فایل صوتی ضبط کنید و در حدود
2 تا 3 دقیقه در مورد تفریحات و علایقتون
طبق نمونه هایی که کار کردیم صحبت کنید